

# Minutes of the Meeting of Castle Medical Group PPG, held on Tuesday 26th March 2024 at CMG

**In attendance:** Pulendran Arasaradnam; Clive Caulfield; Peter Clement; Martin Cooper; Sue English; Tony Green; Hilary Mercer; Bhiku Mistry; Renee Robinson; Karen Wesson; Jennie Caukwell.

**Also Present:** Georgia James, Active Together

MC also introduced Neve Andrews & Lyra Smith, 6th Formers from Ashby School.

## 1 Apologies for absence

Paul Boddington; Brenda Hall; Hugh Hall; Paddy Miles; Michael Phillips; Lesley Salter.

## 2 Presentation by Georgia James, of Active Together

Georgia James introduced herself and noted the following:

- aim to encourage activity
- under auspices of County & District councils
- a range of programmes using both outside facilities and those organised and run by Active Together
- use of existing leisure centres via AT(Active Together) - attract discounts
- now wanting to encourage self-referral rather than just GP referral
- advertised through surgeries; social media; etc.
- provision direct by AT; leisure centres; walking groups; community centres
- contact AT to speak to organiser - use of QR links; phone; website etc
- importance of socialisation of AT activities

MC thanked Georgia for her presentation.

## 3 Minutes of the Meeting held on 9th January 2024

The minutes were accepted as a true record. Proposed KW, Seconded by CC.

## 4 Matters Arising

i) Leaflets. Usefulness of leaflets noted. Decided to wait for outcome of discussions on Purpose, Aims etc to ensure an easy to read definition of the PPG. JC noted CMG trying to maximise infection control and not helpful to have readily available leaflets. KW suggested members to be at CMG periodically to hand them out. TG suggested leaflets to be behind counter and handed out to those who request one.

ii) TG reported that provision for support for carers of children/adults with Autism and SEND was very patchy in the area and was not aware of anything in Ashby. TG undertook to follow up on this to identify if a group was needed/ could be set up. **TG**

## 5 Report of the Chair

MC reported as follows:

- TG had attended Network PPG meeting for MC and issue of Pharmacies had been discussed by the Chief Pharmacist of the ICB. JC undertook to provide an update at the next meeting.
- MC noted the work he had done to fund the Air Ambulance service.
- CC reported on the book he had "won?" - "Dear NHS, 100 stories to say Thankyou"
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## 6 Report from CMG

JC presented the report for the CMG and highlighted the following:

- Outline of recent staff changes
- Staff training and comms.
- Practice patient numbers now more than 18,000
- Analysis of appointments
- Rates of DNA
- Following up on patients with 4 or more appointments in a month
- achievements compared to national stats.
- Pneumo/shingles vaccinations
- Cervical screening
- Patient Survey
- Uniforms
- Innovations/successes
- the next 12 months

*Members are invited to read the slides presented by JC attached to these minutes*

## 7 Any Other Business

- i) TG noted that a member of Measham M U had establishes a walking group and was asking if they could come and talk to PPG at CMG re setting up such a group here. This was agreed - TG to invite to next meeting. **TG**

## 8 Date of next meeting

The next meeting is scheduled for Tuesday, 30th April 2024, at 11.00am at CMG.