

# Newsletter



**NWL GP Federation**  
Working together for our patients

October 2024



Pharmacy Technician Day recognizes the invaluable contributions made by pharmacy technicians to patient health, safety and as an integral part of the healthcare team. It's a day for pharmacy technicians to recognise the impact they are having on patients and the value they are adding to general practice.

The PCN currently employs 4 registered pharmacy technicians and 1 pre-registration pharmacy technician across the 12 practices within North West Leicestershire. They work in practice undertaking simple medication reviews, asthma/COPD reviews, blood pressure and cholesterol reviews including health and lifestyle advice.

Pharmacy technicians are also able to signpost and refer patients to the wider multidisciplinary team where necessary such as social prescribers, mental health practitioners and physiotherapists to provide the best possible care for patients.

Behind the scenes, our pharmacy technicians (**pictured below**) are also involved in patient safety reports, clinic and hospital discharge letters ensuring patients repeat medication is accurate, up to date and safe.

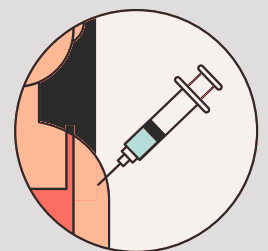
## Covid-19 Boosters



Don't forget to book your Covid-19 Autumn booster if you are eligible.

Vaccinations are running until December.

Further invites to book will follow soon.





# We are a finalist!



We are delighted to announce that we have been shortlisted for **Primary & Community Care Provider of the Year** at the 2024 HSJ Awards (The most coveted accolade in UK healthcare, and the largest annual benchmarking and recognition programme for the health sector) due to our Organisational Growth, Innovation and Service Delivery during 2023/24!

1350+ entries have been received for this year's Awards, with 234 projects and individuals reaching the final shortlist. The high volume and exceptional quality of applications showcases the impressive levels of innovation and care continually being developed within the UK's healthcare networks.

The selected winners will be announced during the awards ceremony at Evolution London on 21st November 2024.



We're making healthcare even more accessible! Feel free to **pre-book** a phone consultation between 6:30pm-8pm, Monday to Friday. Choose from a GP, Advanced Nurse Practitioner, or Clinical Pharmacist and get the help you need.

But wait, there's more! Every Saturday, from 9am-5pm (alternating between Long Lane Surgery (Coalville) and Castle Medical Group (Ashby De La Zouch) we're offering in-person **pre-booked** appointments for routine consultations. Whether its a minor illness, a menopause consultation, medication review, or cervical smears , we've got you covered.

We know life can get in the way of taking care of yourself, so these options are here for those who need a little flexibility.

**To book into one of these appointments, please contact your GP practice.**



We are excited to be working with MIND to add the Community Wellbeing Service to Our Mental Health Pathway. This adds a further option for patients seeking 1 -2-1 support around their health and wellbeing within Primary care - and feedback to date has been excellent!

As a provider we are keen to work with our partners in the local authority and voluntary sector to improve patient care and lead innovation.

This service can be accessed through your GP practice and offers 1-2-1 sessions with knowledgeable advisors.

**Community Wellbeing Service**  
North West Leicestershire

**Supporting you with your mental health**  
A 1-2-1 early intervention service, accessed via your GP surgery. Over several sessions with one of our advisors, you will explore a range of practical tools and techniques that are designed to improve your wellbeing. This service is available to adults (18+) in **North West Leicestershire**.

**During your sessions you can:**

- Discuss your symptoms, issues and needs
- Identify your interests, strengths, goals and ways to achieve them
- Explore tools and techniques to develop your own toolkit
- Create a wellbeing plan
- Connect to local services for further support

**Talk to your GP surgery team, to find out more.**

MIND Leicester, Leicestershire and Rutland NWL GP Federation

The poster features a photograph of a smiling woman with glasses and a red shirt, framed by white, glowing, circular lines. The background is a light blue gradient.

Psst! Want to know all the hip and happening events in the local area? Then join our social media squad! Keep tabs on our Facebook page at [North West Leicestershire GP Federation](#) and our X page (formerly known as Twitter) at [@nwlgpfed](#).

